

NY STATE GYMNASTICS CHAMPIONSHIPS

MARCH 16-18, 2018

Chenango Valley High School

221 Chenango Bridge Rd

Binghamton NY , 13901

- 2018 NYS Championships Meet Schedule-

Session 1 Friday March 16th - Level 4 All ages Arrive 5PM this will be a warm up compete format with a one touch only ... First 6 guys warm up , then compete 1st guy, when he lands the 7th guy warms up while the judge is preparing the score .Be Prepared to Move Quickly.(125 Gymnasts)

Session 2 Saturday March 17th - Level 6 All ages Arrive at 8am This will be a warm up Compete Format starting at 8:30am (77 Gymnasts) 10 min warm up , then compete

Session 3 Saturday March 17th -Levels 7 , 8 and JD2 All ages Arrive at 12:30 Warm up Compete Format Starting at 1pm (82 Gymnasts) 10 min warm up then compete (With touch if needed)

Session 4 Saturday March 17th - Levels 9,10 and JD1 All ages Arrive at 4:30 Warm up Compete Format Starting at 5pm (82 Gymnasts) 10 min warm up then compete (With touch if needed)

Session 5 Sunday March 18th - Levels 5D2 and Tech sequences arrive at 9am Start Warm up Compete at 9:30 (58 Gymnasts)

Session 6 Sunday March 18th - Level 5 D1 All Ages Arrive at 12:30 Warm up Compete at 1Pm (108 Gymnasts) this will be a warm up compete format with a one touch only ... First 6 guys warm up , then compete 1st guy, when he lands the 7th guy warms up while the judge is preparing the score .Be Prepared !!

If anyone has any questions please feel free to email me or call me at 716-587-2956 cell

Thank you
Daniel Molnar
State Chairman

